



STEPPIN' OUT

THE ARTS, ENTERTAINMENT & EMPOWERMENT GUIDE OF THE GULF COAST

JULY 2016 • Volume 15:Issue 12

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LET IT BURN

Comes to Mobile



ABOUT STEPPIN' OUT...

STEPPIN' OUT is a subsidiary of LEGACY 166 Inc., a non-profit organization with a Mission to provide Educational, Career, and Economic opportunities for Youth and the Underserved of Diverse Cultures; make available Cultural Activities for community participation; and deliver Quality of Life Skills Training through the Arts and Community Collaborations.

STEPPIN' OUT provides quality of life information to the community each month at no cost to the reader. Even though STEPPIN' OUT is not a "hard news" publication, the columns submitted by our contributors touch on subjects that address a wide range of community and cultural issues. Regular features include articles on health, history, entertainment, and finance. Articles on fashion, literature, and technology are some of the subjects that are occasionally featured.

STEPPIN' OUT and LEGACY 166 Inc. will continue to expand their roles in the community by offering internships and career training, and youth development and work opportunities. Volunteers are always needed with this mission.

STEPPIN' OUT welcomes your comments and suggestions regarding this publication.

For information on advertising, to comment on subject matter, or to volunteer your services, please contact us at:

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-and-

E-MAIL US...
steppinoutnews@aol.com

CONTRIBUTORS...



A.D. McKinley
Featured Article:
THE REAL ENEMY - THE INNER ME



Arthur Mack
Featured Article:
THINKING OUTSIDE OF THE BOX



Dr. Barbara Walker
Featured Article:
ASK DR. WALKER



Florence
Featured Article:
ASK FLO



Joanie Stiff-Love
Featured Article:
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Memphis Vaughan Jr
Featured Article:
TAKING MOBILE TO THE NEXT LEVEL



Michelle Krulewicz-Dees
Featured Article:
THE FACE OF HOMELESSNESS



Nathaniel Patterson
Featured Article:
MARKETING YOUR WAY TO SUCCESS



Tanene Jackson
Featured Article:
TRANSITIONING BASICS

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REFLECTIONS

BELIEFCTIONS?

CREATING FATHERS

When the good Lord was creating fathers, He started with a tall frame. A female angel nearby said, "What kind of father is that? If you're going to make children so close to the ground, why have you put fathers up so high? He won't be able to shoot marbles without kneeling, tuck a child in bed without bending or even kiss a child without a lot of stooping.

And God smiled and said, "Yes, but if I make him childsize, who would children have to look up to?"

And when God made a father's hands, they were large and sinewy. The angel shook her head sadly and said, "Large hands are clumsy. They can't manage diaper pins, small buttons, rubber bands on ponytails or even remove splinters caused by sticks used as baseball bats."

And God smiled and said, "I know, but they're large enough to hold everything a small boy empties from his pockets at the end of a day, yet small enough to cup a child's face."

And then God molded long, slim legs and broad shoulders. The angel nearly had a heart attack. "Boy, this is the end of the week, all right," she clucked. "Do you realize you just made a father without a lap? How is he going to pull a child close to him without the kid falling between his legs?"

And God smiled and said, "A mother needs a lap. A father needs strong shoulders to pull a sled, balance a boy on a bicycle or hold a sleepy head on the way home from the circus."

God was in the middle of creating two of the largest feet anyone had ever seen when the angel could contain herself no longer. "That's not fair. Do you honestly think those large boats are going to dig out of bed early in the morning when the baby cries? Or walk through a small birthday party without crushing at least three of the guests?"

And God smiled and said, "They'll work. You'll see. They'll support a small child who wants to ride a horse or scare off mice at the summer cabin or display shoes that will be a challenge to fill."

God worked on, giving the father few words but a firm, authoritative voice and eyes that saw everything but remained calm and tolerant. Finally, almost as an afterthought, He added tears. Then He turned to the angel and said, "Now, are you satisfied that he can love as much as a mother?"

The angel shut up . . . ❖

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Local Businesses Benefit from OJT PARTNERSHIP

Local businesses and non-profit agencies expand their workforce by participating in Mobile Works' On-the-Job Training (OJT) program. OJT connects employers with workers who want to "learn as they earn" while helping businesses succeed. As a result, businesses grow and employees learn new skills. "It's a win-win for the employer, the job seeker and the Mobile County, states Sydney Raine, Mobile Works president. To date, over fifty companies and nearly eighty jobseekers are gainfully employed and earning wages. Companies participating in the program range from small businesses to national companies with jobs from entry level to management positions.

OJT Coordinator, Stephanie Shepard states businesses owners and employers are receptive to OJT. "Some employers initially shied away from the program," Shepard said. "However, once the fact versus fiction is articulated, employers were more inclined to considering using OJT for their hiring needs."

Employers are also briefed on tax credits and other incentives that can positively impact their business.

ADVANTAGES of Using the OJT Program

- Leveraging employers training dollars
- On-site training to employers' specifications
- Streamlining the hiring process
- Minimizing turnover and increase retention rates for employers

Contact Stephanie Shepard, Mobile Works' OJT coordinator to learn more about the program. Call (251) 432-0909 ext. 146 or send an email to sshepard@mobile-works.org. ♣

OJT FICTION	OJT FACTS
Only ENTRY LEVEL Jobs Available	OJT jobs include entry level, semi-professional, professional and trades. Areas of focus include manufacturing, maritime, aviation, construction, healthcare, transportation/materials handling and technology.
To Much PAPERWORK and RED TAPE	There is minimal paperwork to qualify a business.
Only LOW INCOME People Qualify	Job seekers qualify based on income. No income requirement needed for dislocated workers.
Only SMALL BUSINESSES Participate	Large and small businesses can participate in the program, as well as, non-profits. Companies such as Kimberly-Clark, Bay Chevrolet, Horizon Shipbuilding, Habitat for Humanity, Mulherin Home, etc.
Only Pay MINIMUM WAGE	Jobs must pay a minimum of \$9 in order to qualify for the program. The average wage of a participant in OJT during this program year was \$13 per hour.

"Are you LOOKING FOR ME?"



"After I graduated from ITT Tech, I needed a job and went to Mobile Works. They matched me up with a job at Bama Pest Control. I didn't know a single thing about pest control, but in the 8 months I've been here - in training while working - I've learned a whole lot. My next step is full certification in pest control. I now have a job where I am happy and can advance my career. Thank you, Mobile Works!"

Employers who partner with Mobile Works know that we identify and train workers for their specific needs, ensuring quality workers who will do a quality job. And, we pay for part of the new worker training on-site for the first six months.

Find out how your business can grow with our help and cost saving programs. Contact Mobile Works, today.



MobileWORKS
Training for the Good Jobs

Mobile-Works.org
251.432.0909

TAKING MOBILE TO THE NEXT LEVEL



Memphis Vaughan Jr.

A native Mobilian and editor of literary website, TimBookTu.com
Feedback can be sent to: mempv57@gmail.com

Thank a Teacher

Now that summer is in full swing, I want to pay tribute to teachers. If there is one profession that seems to be a thankless job these days, it's teaching. Yet, it is one of the most important jobs there is, if not the most important job. All professions benefit from the knowledge that teachers instill in us.

I come from a family of teachers. My mother, my niece, my aunts, my uncles, cousins and other relatives are and have been teachers. Many of my fellow church members and my friends are teachers. I have firsthand knowledge of how diligent and dedicated they were and are to teaching their students. Many of them go over and beyond to help educate young people. This involved spending their own money for materials and things to supplement what they had in the classroom and putting in extra time.

I salute them for the tough job they have in bringing knowledge and enlightenment to the masses. As teachers, they face difficult odds in their challenges dealing with disinterested students, combative or complacent parents, overwhelming bureaucracy, poor facilities, long hours and low pay. Yet many of them continue to fight the good fight against increasing odds because they love what they do.

Many of us have been inspired by teachers and the spark that those special teachers gave us helped to make the difference in our lives. They encouraged, cajoled, prodded, inspired and sometimes used unconventional ways to get the best out of us in the pursuit of an education. Despite all the negative feedback that teachers receive, there are still plenty of great teachers out there doing their best to teach and inspire students. They offer advice, encouragement, counseling and other means that go beyond classroom instruction.

Having a good education is an important factor in achieving many goals in life. Without it, I don't know where I would be. We will have to work harder at appreciating our teachers and striving to have the best teachers we can have if we want to see our city and region be the best that it can be. More support from the community, better pay, better facilities and a stronger partnership with the parents are major factors in making this happen.

In closing, I want to thank my first teacher, my mother, Wardell Vaughan for the many things she taught me that continue even today. To those of you out there, if you can read this, thank a teacher. ♣

Crafting Saturdays

Come to the library with your kids for a special craft session. Ages 4 – 12, Saturdays, July 2 & 16, 10:30 a.m. - 12:30 p.m. at Ben May Main Library, 701 Government Street. For more information, call the Ben May Main Library Children's Department at 208-7086 or email crhodes@mplonline.org.

Needle Arts

Needle crafters bring your special projects to work on at the Library. For the beginners, we recommend you bring #10 knitting needles or a J size crocheting needle, and a 7 oz. skein of worsted weight yarn. All Ages, Saturdays, 16 & 30, 1 – 2:30 p.m. at the Semmes Branch, 9150 Moffett Road. For more information, please call 645-6840.

Mobile Fire-Rescue Places New Equipment Into Service



Mobile Fire-Rescue has placed into service two "mini" fire engines. The new trucks will be given the designation of "squad trucks"; which have some of the same capabilities as full size trucks just on a smaller chassis.

The trucks were built by HME Ahrens-Fox and purchased through Tuscaloosa Fire Equipment, Inc. They are built on a four wheel drive, Ford F550 Super Duty dual cab chassis and feature a 400 gallon water tank and 1500 gallon per minute fire pump. The trucks cost a combined total of \$765,800.

"These new Squad Trucks represent a move into a new era of emergency response. These units will provide quick, effective, emergency response to both fire and emergency medical incidents. They will not replace but will supplement our current fleet of pumper trucks. Over time we expect that the role of these trucks will evolve as the demands of our community continue to grow. As always, we continue to evaluate and adopt new technologies that help us to better respond to the needs of the community that we serve", said Assistant Chief Billy Pappas.

The trucks will be assigned to the Willett Station located at 1004 South Broad Street and the Public Safety Complex located at 8080 Airport Blvd. ♣

Tuesdays at Two

Games, Mysteries, Mayker Lab & More. Tuesdays, July 19 & 26, 2 p.m. at Ben May Main Library, 701 Government Street. Great fun just for Teens! For more information or a complete list of activities, please call the children's department at 208-7086. ♣

Teen Tuesdays in the Teen Spot

Great fun just for Teens; Crafts, Poetry & Technology. Tuesdays, July 19 & 26, 4:00-5:30 p.m. at West Regional Branch, 5555 Grelot Road. For more information or a complete list of activities, please call the children's department at 340-8571. ♣

Learn to Knit Class

Learn to knit with Ms. Wilhelmina Davis. Participants need to bring their own supplies. We recommend size 10, 10" long needles and a 7 oz. skein of regular, worsted weight yarn. Ages 8 to Adults on Wednesdays, July 6, 13, 20 & 27, 3:30 - 5 p.m., West Regional Branch, 5555 Grelot Rd. Registration is required. Please call 340-8561. ♣



LET IT BURN Readies for Mobile Debut

PLAYWRIGHT CHASES HIS DREAM AND CATCHES IT

On August 13 at the Mobile Civic Center, ReMARKable Productions will present the Hit stage play “LET IT BURN.” The play is a Comedic Drama...Multi millionaire Sheryl Johnson who is trying to bounce back after a nasty divorce and swore that she was through with men. Then the smooth talking Devin May sweeps her off her feet. She still wants love but her hotter than fire mama Burnadebt isn’t about to let any old man come get her baby! Her employee and friend Beverly is fighting to mend the strained relationship she has with Pearl... her mom who is an ex everything but since finding God she seems to have forgot who she once was. All the while Beverly is torn between a man she loves and a man who loves her. She doesn’t know if she should go back to a failed marriage or just let it burn.

Mark Hunter is the CEO of ReMARKable Productions. The company was formed in 2008. His debut stage play, Eyes of Deception, opened to sold-out audiences in June of 2012. His sophomore production, Man Up, debuted the following year. But these aren’t your ordinary stage plays. Hunter takes real-life issues that plague men of all ages. Even though many told him he took risks in Man Up, he’s clear about his purpose: to educate, empower and uplift men around the world.

That purpose started very early in life for Mark. While many little boys were playing with Transformers and trucks, Mark Hunter was writing. His debut book, I Was Really Scared, was written and published when he was just nine years old. From that day forward, his mind was made up. After all, why would he work for someone else when he could work for himself? He did just that!

After purchasing rental properties, opening a party store and running an upscale women’s boutique, Rock & Soul, Hunter went back to his first love: writing. But this time, as not only an author, but a playwright. Combined with his passion for writing and producing plays and his business-savvy intellect, he creates life-changing opportunities for many who may have lost hope.

In 2014, he co-wrote the stage play, Stay in Your Place. In 2015 he took “Mama Are There Any Good Men Left?” out on his first tour (A show he brought to Mobile) with none other than the God Father of Urban theater... Mr. Shelly Garrett who’s known for the hit stage play “Beauty Shop.” He will also produce a series of short films entitled, Alphabet City: The Davison Chronicles then produce his first sitcom which was adapted from one of his stage plays. Lastly, he will complete his sophomore manuscript, Daddy’s Despair, which he will release in 2016. As of today, he continues to pursue his passion taking dreams from a page to the stage.

Hunter currently runs a non-profit organization, ReMARKable Men, where he mentors and educates young men and at-risk male youth. His approach to the organization is not different than that of his business: work hard and put soul and dedication into your work. He’s doesn’t just write plays; he creates production masterpieces.

He’s excited about coming back to the Mobile area with Let It Burn on Saturday, August 13 at 8 p.m. at the Mobile Civic Center. Tickets are available at www.ticketmaster.com or at the Mobile Civic Center Box Office, (251) 208-7904. Tickets are on sale now from \$35-\$45.

For more information about the show, email remarkableprod@gmail.com or visit www.officiallyremarkable.com. ❖

AUGUST 13 • 8:00 PM • MOBILE CIVIC CENTER



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Hunter currently runs a non-profit organization, ReMARKable Men, where he mentors and educates young men and at-risk male youth. His approach to the organization is not different than that of his business: work hard and put soul and dedication into your work.

He’s doesn’t just write plays; he creates production masterpieces. ❖

FOR MORE INFORMATION:
remarkableprod@gmail.com
www.officiallyremarkable.com

Meet The CAST...

Kimberly "Miss Pinctoes" Kane



...a well-rounded Entertainer, Actress, and Vocalist. This Entertainer is the embodiment of class, and the epitome of elegance! "Miss Pinctoes" is BEST-KNOWN for the naturally magnetic style by which she grips an audience into her magical moments on stage. "Miss Pinctoes" the actress shares a special love affair with the camera and is extremely at home in LIVE on-stage productions. Kimberly possesses a flair for bringing a sincerely "spicy" authenticity to every situational scene or monologue. Her show-stopping delivery never fails to jolt the audience into a heart-warming blend of emotions from hilarity to tears. Kimberly's stage appearances include Hemphill Ent.'s April 2014 musical "Perilous Times" at Detroit's Music Hall, Remarkable Productions' May 2014 stage play "Stay in Your Place", 2014 & 2015 Crown Production Studios' Set It Off, where she flawlessly portrayed dual characters! Expect to see Miss Kane in The Shoe Lady Productions' highly anticipated film "Stay in Your Place "The Movie" debuting in area theaters Spring of 2016! "Miss Pinctoes" the vocalist invites applause and audience participation by flaunting an alluringly playful, sexy, and sophisticated on-stage persona. Expect to see Miss Pinctoes' sizzling rendition of "Lady Marmalade" at the 2016 Detroit Black Music Awards Show in August.



LaKenya Evans



...started acting in 2014 in the Good Medicine Entertainment production, Christmas With The Martins 2, as law student Jennifer, and has been on a roll ever since. Next, she was chosen as one of the leads in the Kamal Smith dramatic play Brian where she played Alex, the sweet but naïve "side-chick" to the main character. LaKenya went on to play Evelyn in the Sheila Finn production Just For The Love Of Money where she played a business woman by day and a party girl by night. She also worked on the short film Second Chance where she had the opportunity to show her acting chops by playing against type when she played a warrior for the Devil. In 2016 she had the honor of joining the longest running Gospel play in Detroit history, T. J. Hemphill's Perilous Times, starring Tim Bowman, Jr and Clifton Powell from Next Friday and Rush Hour. LaKenya has experience behind the stage as well where she worked as assistant stage manager for the Mark Hunter play Let It Burn, in which she is now one of the stars. LaKenya is an active member of Greater Mt. Zion Baptist Church in Detroit where she runs the Audio Department and works alongside her Pastor and First Lady, Dr. Roy and Sister Keena Hill. She is truly thankful for the support of her Mother and family, who pray, encourage, push, and support all of her endeavors. LaKenya feels so blessed to be playing Cali in this ReMARKable Production of Let It Burn. Be on the lookout for great things from this multitasking young woman who has already placed her stamp of talent in Motown and is now ready to let the world see what she has to offer.

Dee Lane



... born (Deborah Lane Spencer) is a Musician/Writer and Actress. She's a former member of the 3 girl Gospel group PreZence; which was signed to Vickie Winan's Record Label Destiny Joy Records, an affiliate of Verity Records. After the group experience, Dee moved to Chicago in 2009, making music and acting from 2011-2013 with several Major Theater Companies. Deborah is presently back in her hometown of Detroit and is still acting and working as a Recording Engineer at the Star Factory. She made her first TV Acting debut in her hometown with a Cameo appearance on "Because We're Men" playing Takisha. Deborah has done eight national stage plays in Chicago, Alabama, Texas, and Virginia just to name a view. Want to see Dee in Action? Go to Youtube and watch the Webseries Carter and Cody or check out her performance as Karen in the Movie FiveO (Dvd's can be purchased online). Deborah Lane's Motto is "I live to give".



Reverend Shawnta McDougle



...a member of Russell Street Missionary Baptist Church and a product of the Detroit Public School system, Redford High School. Shawnta attended Kentucky State University and prevailed as the Student Director of an award-winning Gospel Ensemble. However, she transferred and graduated with honors in Theatre from Albany State University with a BA in Speech and Theatre. Shawnta is best known as a TOUGH but TENDER acting coach. She is sought after by writers and producers to motivate the FLOW and movement of their productions. Shawnta is not a director only, but she too is an awesome actor and singer as well. She truly understands the heart of the performer. Shawnta is also a licensed cosmetologist and a senior stylist who can give a wonderful shampoo, cut and style; healthy hair is her focus-relaxed or natural. "Theater is my passion. It encompasses all of my loves; singing, teaching, coaching and directing and even make-up and hair. Theater allows me to pour-out what has been given to me, by teaching and coaching budding and experienced actors, bringing them to their "ZENITH", all under the umbrella of theatre."

...Let IT BURN

Rose McRoy



...has been blessed to display her God given talent in the heartfelt stage play "If I Make My Bed in Hell, Thou Art with Me." with Writers/Directors Ron Sher Brooks (Crowne Productions), Shiela Finn (Finn Productions) and Stacy Shannon Johnson. Rose has continued her journey with writer Mark Hunter in her current role in "Let it Burn", directed by Shawnta McDougle. Rose has been afforded many opportunities working with Producer/Director Melissa Talbot and Richard Bass in the stage play "Daddy I Love Him" written by Miles Dixon and "No Greater Love" written by James and Bonita Adam. She has worked with other extraordinary writers such as Vanessa Lynn where she was casted as one of the main characters in the stage production 'Soul Custody'. Rose has worked with Writer/Producer Patricia Grants Illustrated Ministry's "My Secret Pain". Rose was cast in her first leading role in Sheila Finn Production's "Just for the Love of Money". She also tapped into her directing skills while leading the cast of one of Finn Productions Shows "Just for the Love of Money" in 2015. She has been featured in several of Finn Production's shows such as "A Trip of a Lifetime" and "Deliver us from Evil". Rose is expressively thankful for the extended coaching under Directors Reuben Yabuku (Fences) and T.J. Hemphill (Perilous Times). Rose will continue to strive in learning all that she can of her craft as a current student of Schoolcraft College in the Theatre Degree Program. Some of her goals are to pursue more knowledge of the business of theatre and film. ❀

Lorelei Rabel (Gucci) Spencer



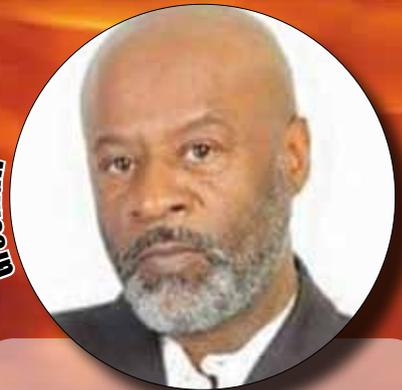
...starring as Neka. Beautiful talented and a Triple Threat Diva as a Actress, Rapper and Model. A shining star on the Rise and Detroit's own, she has recorded and released a new album, "Rise of the Queen", and her latest single, "Meditate, Michealkors". Kicking down the doors and tearing up the stage is nothing new to her Spencer attended Eastern Michigan University. She is a Radio Personality and has many years of experience in Retail as a Buyer, and a Fashion Stylist. "I am a true mogul and I will continue on my mission serving my purpose in this World" said Spencer, "Never to give up (No BRAKES) is my motto. We got work to do...I AM ART and I come to DRAW. I am a True Dream Chaser, giving my all to forever live those dreams....The Stage Is My Life!! ❀

Quentin Sharpe



...also known as Q'Heffner in the entertainment world, the extraordinary Quentin is a multi-talented and go-getting man who derives from Detroit, MI. In March 2016, Quentin plays the leading role in Mark Hunter's epic stage play Let it Burn as "Devin." Devin is a smooth-talking, sharp dressing, scheming, money-hungry, and vengeful man. With almost a year of acting under his belt, Quentin also appeared in an independent Detroit film by Elite Films called "Heavy Hustle" coming to a cinema near you in late 2016. In 2003, Quentin graduated from Specs Howard in Southfield, MI for radio and video. Besides acting, Quentin is very active in the entertainment industry and has been so for the last 20 years. He is a radio personality, a club promoter, a host, a rapper, and a comedian. Quentin also has his very own radio show under way coming to airwaves soon. The talent list goes on with Quentin; he is a jack of many trades so keep an open ear and an open eye out for him and his future projects because he is surely destined for greatness. ❀

Greenlaw



...born in Gary, Indiana, Kyle came from the humble beginnings of the 1960's. In 1969 his family moved to Detroit due to his mother's job being relocated. While being parochial school educated, he was influenced by the music being played in his home and the radio (Donnie the Luv Bug Simpson-WJLB) had an impact on him which led to his becoming a DJ in local clubs. It also led to a love for broadcasting. Broadcasting became his passion and he ultimately went through broadcasting school (Specs Howard School of Broadcasting Arts), and went on to work part time at a local radio station (WGPR 107.5). In 2013 Kyle was introduced to the art of theatre and a love for acting and the stage was developed thus launching a new career. He has performed in Mark Hunters "Man Up", "Mama Are There Any Good Men Left" under the direction of Shelley Garrett (Beauty Shop), "Woman Mised", "Let It Burn", and a Chosen One Production of "Out of Bounds". ❀



LOCAL FLAVA

MOBILE LIBRARY NEWS

MOBILE MYSTERY DINNERS—Saturday, July 16, 7:00 p.m., Azalea Manor, 751 Dauphin Street. Murder On The Battleship-The Last Show of the USO. www.mobilemysterydinner.com.

MOBILE THEATRE GUILD-ZOUGHBY AWARDS—Saturday, July 16, 6:00 p.m., Mobile Theatre Guild, 14 N. Lafayette St. Event recognizes outstanding performances, both on and off the stage, from the past MTG season.

AUDITIONS-AIN'T MISBEHAVIN'—Sunday, July 24 and Monday, July 25, 6:30 – 9:30 p.m., Mobile Theatre Guild, 14 N. Lafayette St. Musical Revue style show that celebrates the music of Fats Waller. Please come prepared with at least 16-bars of music to sing with sheet music or a CD. Also, wear appropriate movement attire for the dance/movement portion of the audition.

JAZZ HAND CABARET —MOBILE THEATRE GUILD
Saturday, July 30, 6:30 p.m., Mobile Theatre Guild, 14 N. Lafayette St. MTG presents an evening of song and dance to celebrate summer (and, hopefully, raise a little money)! Performances by some of Mobile's finest and most talented, plenty of food and drink, and a SILENT AUCTION!! Tickets are \$25 per person! The silent auction begins at 6:30, and the curtain goes up at 7:30! Tickets are available at the door, or purchase them ahead of time with PayPal on the MTG Box Office Page. Visit www.mobiletheatreguild.org.

AIN'T MISBEHAVIN'—MOBILE THEATRE GUILD
September 16-18, 23-25, Fridays and Saturdays, 8 p.m., Sundays, 2:00 p.m., Mobile Theatre Guild, 14 N. Lafayette St. Musical Revue style show that celebrates the music of Fats Waller. Tickets: \$20 General Admission, \$15 Seniors, Active Military, and Students with I.D. Visit www.mobiletheatreguild.org.

COMMEDIA DEL ARTE—Sunday, Sept. 25, 6:30 p.m., Loxley Civic Center, 4198 Municipal Drive. Oscar Wilde's "The Importance of Being Earnest", Tickets: \$8 in advance, \$10 at the door (a portion of the proceeds benefits the National Federation of the Blind). Available at www.commediadelarte.org. 251-510-0654.

MOBILE LIBRARY NEWS

BOOK & MOVIE CLUB—Tuesdays, July 5, 12, 19 & 26, 10:30 a.m., Children Ages 5 and Up, Saraland Public Library, 111 Saraland Loop. Come watch movies based on your favorite children's books! For a complete list of film titles, please call 675-2879.

SILVER SCREENINGS—Tuesday, July 5, 11 a.m., Toulminville Branch, 601 Stanton Road. It's a Senior Getaway! Join us for refreshments and a film. Our film is Courageous. The film runs 129 minutes and is rated PG-13. Reservations are required. For more information or to reserve a space, please call 438-7075.

CHESS CLUB

—Tuesdays, July 5, 12, 19 & 26, 3 - 4 p.m., Ages - 6 to 18, Semmes Branch, 9150 Moffett Road. Learn to play Chess! Beginners and experienced players are welcome. For more information, call 645-6840.

—Tuesdays, July 5, 12, 19 & 26, 4 p.m., Ages 8 and Above, Ben May Main Library, 701 Government Street. Beginners and experienced players are welcome. For more information, call the Ben May Main Library Children's Department at 208-7086 or crhodes@mplonline.org.

—Wednesdays, July 6, 13, 20 & 27, 3 - 4:30 p.m., Ages 8 and Above, Toulminville Branch, 601 Stanton Rd. Mr. Ronald Reece will instruct children on how to play the game of chess. For more information, call 438-7075.

—Mondays, July 11, 18 & 25, 4 - 5 p.m., Ages 9 - 17 Years, West Regional Branch, 5555 Grelot Road. Come enjoy the fun! Learn to play chess or improve your skills. For more information, please call the Children's Department at 340-8571.

MONDAY MATINEES—Mondays, June 6, 13, 20 & 27, 10 a.m. & 1 p.m., Ben May Main Library, 701 Government Street. Come morning or come afternoon - beat the heat and enjoy a family friendly film! For more information or a list of film titles, call the Ben May Main Library Children's Department at 208-7086 or email crhodes@mplonline.org.

FAMILY FRIENDLY FILMS—Tuesdays, July 5 & 26, Mondays, July 11 & 25, 10:30 a.m., Parkway Branch, 1924-B Dauphin Island Parkway. Beat the heat and enjoy some of your favorite films in the Library. For more information or a complete list of titles, please call 470-7766.

MOVIE OF THE WEEK—Wednesdays, July 6, 13, 20 & 27, 10 a.m., Ages 5 and Up, Toulminville Branch, 601 Stanton Rd. For more information or a complete list of film titles, please call 438-7075. Registration required for groups.

SUMMERFLIX—Wednesdays, July 6, 13, 20 & 27, 1 p.m., All Ages, Semmes Branch, 9150 Moffett Road. Take a break from the heat and enjoy popcorn and a film. For more information or a complete list of film titles, please call 645-6840.

SUMMER MOVIES WITH MR. BUTCH—Thursdays, July 7, 14, 21 & 28, 1 p.m., Moorers/Spring Hill Branch, 4 South McGregor Ave. For more information, or a list of film titles, please call 470-7770 or email ftigner@mplonline.org.

BOOKS ALIVE!—Thursdays, July 7, 14 & 21, 2 - 4 p.m., Ages 7 and Up, West Regional Branch, 5555 Grelot Road. Watch the Movie, Read the Book. Refreshments will be served. Children under 10 should be accompanied by a caregiver. For a complete list of film titles and more information, please call 340-8571.

TEEN BOOK YAK & MOVIE SNACK—Thursday, July 7, 4 p.m., Moorers/Spring Hill Branch, 4 South McGregor Ave. The Hunger Games Mockingjay Part 2. Enjoy the Book - Watch the Movie! In the conclusion of the global-phenomenon Hunger Games film series, Katniss Everdeen stakes her claim as the leader of District 13, and commands the revolution against the brutal dictatorship of President Snow and the Capitol. The film runs 136 minutes and is rated PG-13. For more information, please call 470-7770 or email eenglish@mplonline.org.

MONDAY MATINEES—Mondays, July 11, 18 & 25, 10 a.m. & 1 p.m., Ben May Main Library, 701 Government Street. Come morning or come afternoon - beat the heat and enjoy a family friendly film! For more information or a list of film titles, call the Ben May Main Library Children's Department at 208-7086 or email crhodes@mplonline.org.

FAMILY FUN & MOVIE NIGHT—Monday, July 11, 5:30 - 7:30 p.m., Toulminville Branch, 601 Stanton Rd. Bring the family to the Library for an evening of board games, trivia, Karaoke and a film. Our feature film is Ant Man. The film runs 117 minutes PG-13. For more information, please call 438-7075.

A PAGE IN TIME—Tuesday, July 12, 6:30 p.m., West Regional Branch, 5555 Grelot Road. If you love Historical Fiction this book club is for you. This month's topic of discussion is The Nightingale by Kristin Hannah. For more information, please call Michele at 340-8561.

*(continued on Page 18... see **FLAVA**)*

LEGACY 166



ACE Series 2016
ARTS • CULTURE • EDUCATION

WDLT and LEGACY 166 presents

THE TRUE STORY OF HUEY P. NEWTON

Revolutionary • Political Activist • PhD

JUNE 17 @8:00 PM

JUNE 18 @2:00PM & 8:00 PM

JUNE 19 @2:00 PM

Mobile Theatre Guild • 14 N. Lafayette Street

Huey P. Newton, co-founder of the Black Panther Party, endured police harassment, and drug addiction while serving a 15-year prison sentence. He was a Minister of Defense of the Party. While many know the story of Newton's role in the Party's armed resistance during that turbulent period, few know the story of the programs introduced by the panther party to educate, and provide healthcare services to their communities.



Performance by
ALTON LANDRY



POSTPONED
UPCOMING EVENT DATES TO BE ANNOUNCED

TICKET PRICES

Adults • \$10 Children • \$10 Seniors 60+yrs
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FOR MORE INFORMATION: 251-533-5726 • www.legacy166.com



Open Audition Call

Mobile Theatre Guild to presents 'AIN'T MISBEHAVIN'

The Mobile Theatre Guild will present 'Ain't Misbehavin',' a musical highlighting the works of Fats Waller. The production will be directed by Nadine Andrews.

The musical is a tribute to the black musicians of the 1920s and 1930s who were part of the Harlem Renaissance, an era of growing creativity, cultural awareness, and ethnic pride, and takes its title from the 1929 Waller song "Ain't Misbehavin'." It was a time when Manhattan nightclubs like the Cotton Club and the Savoy Ballroom were the playgrounds of high society and Lenox Avenue dives were filled with piano players banging out the new beat known as swing.

Vocal auditions will be Sunday, July 24 and Monday, July 25 at Mobile Theatre Guild from 6:30-9:30 PM. Callbacks and Dance auditions will be Tuesday, July 26 from 6:30-9:30 PM.

"Within this musical we will be exploring the seedy, raunchy side of Fats Waller's music as well as the more 'tony', uptown vibe in some of his later works", said Brooks. "Since the cast is small, everyone will do EVERYTHING. Please take this into account before auditioning if you feel you may be uncomfortable with certain types of language or physical movement. All 5 cast members must be strong vocally and able to move".

Audition Requirements for Ain't Misbehavin'. 2 Men, 3 Women for the roles of; Roles: André (male, 25-45) - vocal range: Baritone-Tenor, Armelia (female, 25-45) - vocal range: Soprano, Charlene (female, 18-25) - vocal range: Mezzo Soprano, Ken (male, 25-45) - vocal range: Baritone Tenor, and Nell (female, 30-45) - vocal range: Mezzo Soprano.

Please come prepared with at least 16-bars of music to sing with sheet music or a cd. Also, wear appropriate movement attire for the dance/movement portion of the audition. You MUST sing with music for your audition. NO ACAPELLE. You may bring sheet music for the pianist, or a cd that includes instrumentals only. Cast members should be proficient with improvisational style within the confines of the score. Be prepared to "scat", with or without music.

Bring your schedule with any and all conflicts, i.e., work, school, church, previous engagements. Efforts will be made to keep the weekends free from rehearsal, but rehearsal Will be held Every Day of the week leading up to opening night.

Rehearsals are scheduled to begin Monday, August 08.



Fats Waller

MOBILE THEATRE GUILD
PRESENTS
AIN'T MISBEHAVIN'
THE "FATS WALLER" MUSICAL SHOW
CONCEIVED BY MURRAY HOROWITZ & RICHARD MALTBY JR.
DIRECTED BY NADINE ANDREWS
14 N. LAFAYETTE ST. (251) 433-7513
WWW.MOBILETHEATREGUILD.ORG
SEPT. 16TH - 25TH
FRIDAY & SATURDAY : 8 PM SUNDAY : 2 PM

TICKETS: \$20 General Admission, \$15 Seniors, Active Military, Students with ID

www.mobiletheatreguild.org

Healing Women: Medical History from a Female Perspective

On June 30, the Mobile Medical Museum presented a new exhibit, Healing Women: Medical History from a Female Perspective, which is on display at the Mary Elizabeth and Charles Bernard Rodning Gallery of Art, Marx Library, University of South Alabama. Consisting of a generous selection of over 50 artifacts, photographs and documents from the Museum's collection, the exhibit offers a timely and captivating glimpse at how women have helped to shape the last 300 years of medical history as patients, care providers, administrators and innovators. It will be free to visit during regular library hours through September 30.

"The full story of women's contribution to medical history is still not widely known, despite the fact that there is more gender diversity in the medical workforce than ever before," says Executive Director Daryn Glassbrook. "This exhibit provides a broadly inclusive perspective on the major developments in women's health care, representing the experiences of midwives, nuns and volunteer nurses as well as those of professional nurses, physicians and surgeons."

In conjunction with the exhibit, the Mobile Medical Museum and the USA Archeology Museum is co-presenting a Healing Women lecture series at the Archeology Museum beginning this fall. The first talk will be on September 29th by Dr. Laurie Wilkie, Professor of Archeology at the University of California-Berkeley, who will speak about 19th century African-American midwifery in Mobile. The series will also feature a January 26th presentation by Dr. Esther Katz, Director of The Margaret Sanger Papers Project at New York University, to mark the centennial of the opening of Margaret Sanger's first birth control clinic in Brownsville, New York. More lectures are planned; each will be free of charge and aimed for general audiences.

The Healing Women exhibit is sponsored by Dr. Charles and Mary Rodning. Support for the lecture series is provided by the Gender Studies Program and the Departments of History and English at the University of South Alabama.

The LUV Club

Girls ages 7 - 18, Mondays, July 11, 18 & 25, 3 - 4:30 p.m. at Toulminville Library, 601 Stanton Rd. "Living Up to Values" for girls is a program designed to empower and encourage all girls through a variety of activities that include - crafts, games, music and special guests. Registration is encouraged. For more information or to register, please call 438-7075.

Teen Art Space

Join artist Jaime Lee and her guest presenters each week to explore different art forms and create unique pieces of art. Ages 8 to 14 on Thursdays, July 7, 14, 21 & 28, 2 - 4 p.m. at the Semmes Library, 9150 Moffett Road. For more information, please call 645-6840.

Leadership Development

On Monday, August 1, from 6 – 7:30 p.m. at the Armbrecht/Briskman Meeting Room at the Ben May Main Library, 701 Government Street come out and learn the various steps in character building – self awareness, responsibility, integrity and trustworthiness. The facilitator for the workshop is Anthony McKinley, motivational speaker and author of *The Real Enemy – The Inner Me*. Registration is not required, but is strongly encouraged. For more details on the workshop or to register, please email jsigler@mplonline.org or call 208-7078 or 208-7085. ❖

Heart & Soul

Join members of Heart & Soul Book Club for an afternoon of poetry readings at the Main Library. Students and adults are encouraged to share readings of their own works or works from their favorite poets. Saturday, August 6, 4 – 5:30 p.m. at Ben May Main Library, 701 Government Street. For more information, please call Cassandra at 209-3559 or email heartandsoulbookclub@gmail.com. ❖

Family Research

Members of the Tristan de Luna Chapter of the Daughters of the American Revolution will be at the Local History and Genealogy Division from 10 a.m. - 1 p.m. to assist you with your questions and research for documentation concerning your ancestors. Saturday, August 20, Local History and Genealogy Division, 753 Government Street. For more information, call 208-7093. ❖

Bishop State in TOP 50 Schools for TRANSPORTATION

Bishop State Community College has been selected as one of the Top 50 Military Friendly Schools for Transportation by G.I. JOBS magazine in the June 2016 edition. The magazine selected their top 50 schools among private colleges and universities, public colleges and universities, community colleges, private vocational and technical schools, graduate programs, and online colleges and universities throughout the country. G.I. Jobs magazine provides education, transition assistance, and job opportunities for military service members. ❖



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www.JoinMobileChamber.com

JAMS PLUS MEDIA

My Morning Jacket Waterfall Tour (May 26 • Indianapolis, IN)

Review & Photos by: Tony Vasquez of Vasquez Photography

The weather forecast had been calling for rain all day, but as the start time for the concert came closer the weather cleared, and the evening was set for a perfect show at the Farm Bureau Lawn at White River State Park in downtown Indianapolis, Indiana. It was beautiful night to take in an outdoor show and the crowd was in for a real treat.

The Louisville quintet, My Morning Jacket has been on tour supporting their seventh studio record *The Waterfall*. The band also just has released a remixed and re-mastered reissue of the album *It Still Moves*. The stop in Indy is a prelude to a two night run at the Red Rocks Amphitheatre in Morrison, CO. For over fifteen years the band has been well known for it's epic live shows, and this night was no exception. ♣



REVIEWS • REVIEWS

JAMS PLUS MEDIA

DelFest 2016 • (Cumberland, MD)

There was something in the air this year at DelFest and it was more than just music! This year, more so than any other, there was an overall feeling of love throughout the festival. It started long before the festival began when Dre Anders (Dre and the DelFest Collective) started a participatory video of the song "Get Together" written in the mid 1960s by American singer-songwriter Chet Powers (aka Dino Valenti). The song was later made popular by The Youngbloods in 1967 as an appeal for peace and brotherhood, focusing on the theme of love versus fear, and the fact that this is a choice that we need to make. This is embodied in the refrain that has a way of hauntingly sticking with you: Come on, people now, Smile on your brother, Everybody get together, Try to love one another right now.

Dre invited people online to record a video of themselves singing this and submit it to be used in an amazing video of her band performing this song with the video clips edited in at just the right moments! They later performed this and played the video on the big screens for all to see. It was awesome!

This set the tone for an underlying vibe that permeated the entire weekend. And then there was more! A family that was attending the festival who also participated in the video submission had an idea to make "Love One Another" stickers to hand out randomly to the festival goers! For many who saw these stickers, it became a quest to find them! And Then There Was Music!!

While the rain gently fell, The Del McCoury Band began with their usual "sound check", starting off with Travelin' Teardrop Blues and moving through many favorites such as Nashville Cats, 1952 Vincent Black Lightning, and All Aboard just to mention a few!

Elephant Revival then came out to treat our ears to some great string music accented with some amazing harmonies. It was just beautiful. With all of that, the highlight for me was when Jason Carter came out to join Bridgette Law with some dueling fiddle work that just carried me away! Next, Joe Craven gave one of his well thought out introductions of The Wood Brothers, who then proceeded to pick up the pace and really get everyone moving! Oliver Wood on Guitar and Vocals, JanoRix on Drums and Shuitar, and Chris Wood on Bass, Vocals, and Dancin' up a storm! Between the amazing music and Chris's high energy dancing there was nobody sitting still! They played some all time favorites such as: I Got Loaded, Snake Eyes, Postcards From Hell, and Honey Jar!

When their set was over and Yonder Mountain String Band came out going at full speed, we knew that we were in for a treat! Their classic bluegrass instrumentation with excellent solos placed in the midst of that "Jam Band" feel was just the way to end the main stage event on the opening day!

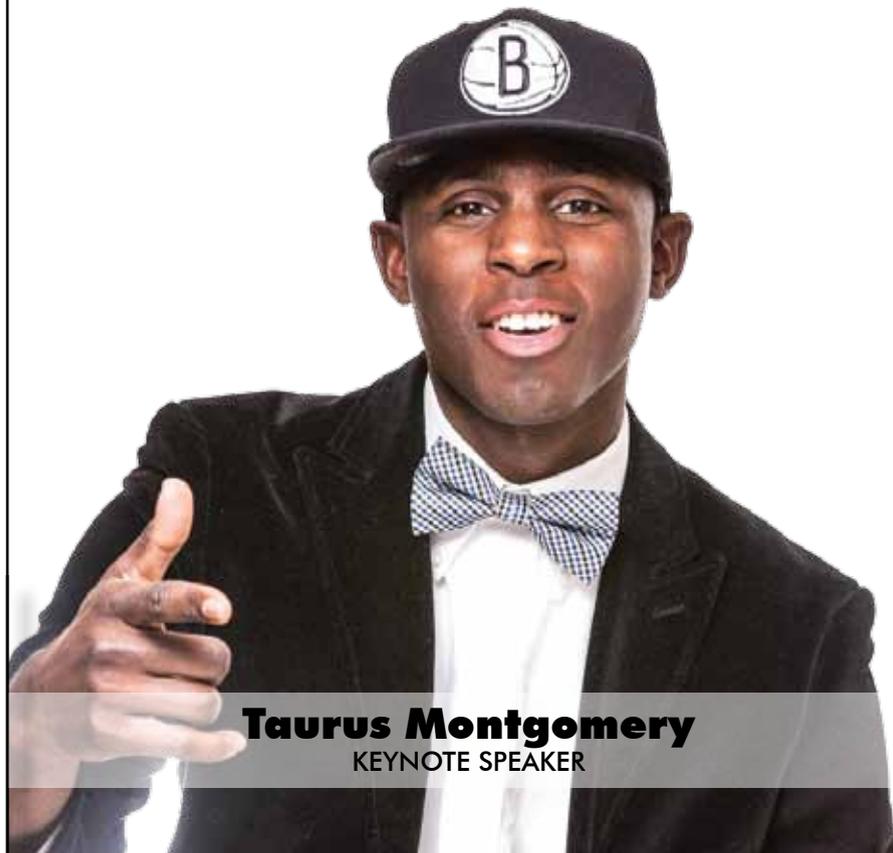
The following days were filled with one highlight after the next! Jerry Douglas Presents The Earls of Leicester, a true reincarnation of the music of Lester Flatt, Earl Scruggs and their band the Foggy Mountain Boys, was a set that I will not forget! Jerry Douglas does an amazing job bringing this music back from the past and presenting it to a contemporary crowd to insure that this music is not lost or forgotten!

The Tedeschi Trucks Band performed another crowd pleaser of a set, but who would expect anything less! Starting off with "Laugh About It" and then "Don't
(continued on Page... see **DelFest**)



REVIEWS • REVIEWS

Emmanuel Seventh Day Adventist Church presents
SET ON FIRE Youth Summit



Taurus Montgomery
 KEYNOTE SPEAKER

ACTIVITIES

MOVIE NIGHT KICK OFF — Saturday, July 16@7:00PM

SPORTS ON FIRE YOUTH CAMP — Monday, July 18 thru Friday, July 22
 4:00PM to 7:00PM

BLOCK ON FIRE TALENT SHOW & RAP SESSION w/PASTOR TAURUS
 Wednesday, July 20 from 6:00PM – 10PM

SET ON FIRE w/PASTOR TAURUS — Saturday, July 23 @10:30 AM

BASKETBALL SHOWDOWN — 7:00PM-9:00PM

Pastor Taurus grew up in the inner city. He gave his life to Christ at the age of 19 and has never turned back. Since then Pastor Taurus has been on Fire for Christ and it has been his life's burden, since coming to Christ, to take the gospel to the streets. During this weeks' youth summit we are empowering youth to stand strong for Christ, to be on Fire for God. To strengthen networks of youth and youth efforts to work together, to share and exchange experiences, and increase youths' awareness of how they can set their communities on Fire for Christ!

All activities will take place at Emmanuel Seventh Day Adventist Church located at 2000 Dr. Martin Luther King Jr. Avenue in Mobile. For more information call (251) 479-1215 or email: emmanuel39.adventistchurchconnect.org ❖

THE FACE OF HOMELESSNESS

Michelle Krulewicz-Dees

Licensed, Professional Counselor
 Chief Operations Officer for Housing First, Inc.
 Contact Info: 251-445-3481



Have you ever walked down a city street and walked past a person who was trying to sleep in a doorway? Seen a news story about a municipality taking action against the homeless? Our homeless neighbors and these stories are usually regarded with mild interest at best; scorn and derision at the worst. Myths and misinformation about homelessness abound.

Homelessness is only allowed and accepted in society because most of its citizens accept those myths and misinformation. If we all understood homelessness and how people end up facing it, I doubt that any of us would be able to look at another person in this situation and look away. If we all understood homelessness, society would not accept it. We would not tolerate it.

What are these myths, you might ask? Probably, the answer to that question is pretty much everything that you think you know about homelessness.

Myth: "The homeless guy" - No type of person is immune to becoming homeless. Women, Men, Children, Teens are all living on the streets and the woods today, right here in Mobile. Further, many of these adults have served in the armed forces.

Myth: Substance Abuse - Many people who live on the streets do utilize alcohol or other drugs. Not all of them. Further, many of them didn't use any substances before becoming homeless and only use during the homeless episode as a coping mechanism.

Myth: "Get a job." - Most of our homeless population do have income. Many of them have jobs despite their housing situation. Those who don't have employment often struggle with obtaining employment due to issues related to the homelessness; such as not having a stable address and problems with access to hygiene facilities. These are just a few of the many myths surrounding homelessness. If it's true that we can't love what we don't know, I challenge each of you to get to know more about the truths associated with homelessness. ❖

Bishop State
FALL REGISTRATION

Technical programs are offered that may lead to certifications and associate degrees. Bishop has a variety of academic courses for students to earn associate degrees.

Fall Registration is August 10-12. Now is the time to apply or reapply for Fall Classes! Complete a financial aid application now so you will be ready when fall registration starts.

Registration Dates/Times on All Campuses

- AUGUST 10-11 8:30am-7:00pm
- AUGUST 12 8:30am-2:00pm
- AUGUST 15 **CLASSES START**
- AUGUST 15-17 **Late Registration**
 8:30am - 5:00pm

FOR MORE INFORMATION

(251) 405-7005 — Admissions
 (251) 405-7015 — Financial Aid Help
 Online — www.bishop.edu

TECH TUESDAYS
at the Library

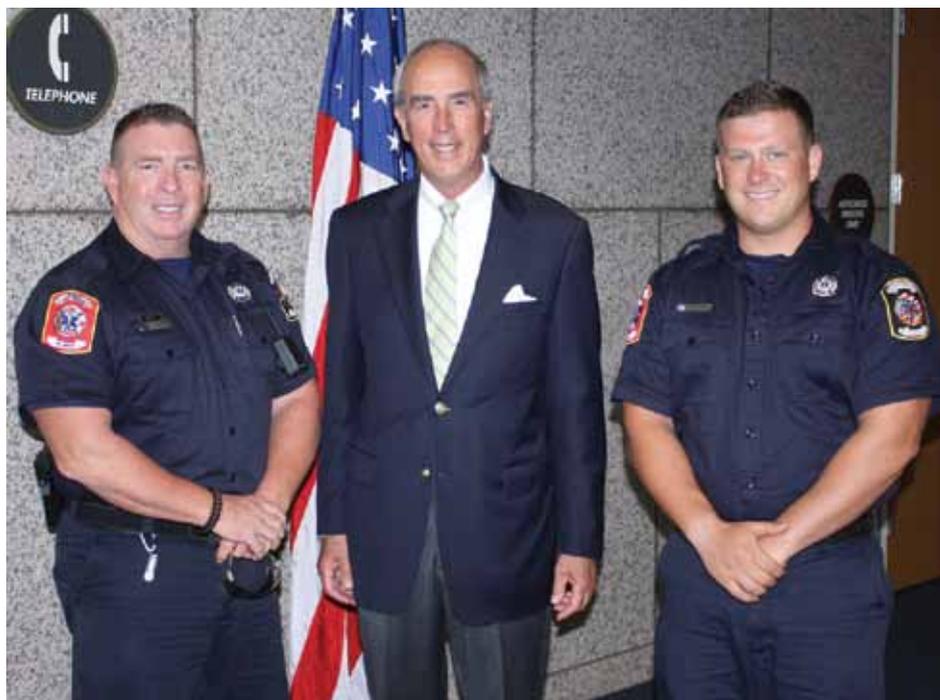
TUESDAY • JULY 26 • 5-6 PM

Armbrecht/Briskman Meeting Room
 Ben May Main Library
 701 Government Street

Lisa Barnes (Mobile Public Library) and Lydia Noble (Noble Events founder) will discuss ways of using social media to market your small business or sole proprietorship. Topics include: The differences between a private, social media account and a business account, low cost marketing options available through social media, and How to get more followers across multiple platforms. You must have an email address and basic knowledge of social media.

Registration is encouraged. For more details on the workshop or to register, please call 208-7078. ❖

June Firefighters of the Month



Mayor Sandy Stimpson presented the Firefighter of the Month award to Firemedic Tony Rutland and Firemedic Jerome Roberts at a recent City Council meeting.

On May, 21 of this year the pair were working out at World Gym at Government St and Monterey St when Rutland witnessed a man collapse from a treadmill. After a quick evaluation, he determined the patient was in cardiac arrest. Rutland called for his partner's assistance and immediately began rendering aid by opening the airway and starting chest compressions. Roberts enlisted the assistance of two civilians by coaching one of them in chest compressions and other in assisting him with retrieving gear from the rescue unit. When Roberts returned he hooked up the cardiac monitor and it indicated the patient was in VFib (Ventricular Fibrillation). The patient was shocked once, compressions continued and after about the 100th compression the patient began to gasp, look around the room and move his extremities. With their quick and knowledgeable reactions, they were able to cardiovert the patient back into a normal rhythm. While in route to the hospital the patient was able to provide his name and answer questions. ❖

Basics of Ancestry.com

Learn how to use the Library's free access to Ancestry.com. Topics include: what information is available, and how to search and retrieve it. You must have a basic knowledge of computers, and registration is required. Tuesday, July 12, 6 - 7:30 p.m. in the AT&T Technology Lab at Ben May Main Library, 701 Government Street. For more details on the workshop or to register, please call 208-7078. ❖

Alabama Contemporary Art Center

Children and their parents are invited to explore contemporary art and music through hands-on and minds-on activities that stimulate and deepen their understanding of current exhibitions. Kids Studio is a free after-school class that helps children investigate themes relevant to Alabama's culture and heritage through literature and art while using the current exhibition, History Refused to Die. Kids Studio - Ages 8-13, Thursday, July 14, 4 - 5 p.m. at Ben May Main Library, 701 Government Street. For more information, please call the Children's Department at 208-7086 or email crhodes@mplonline.org. ❖

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Ask Dr. Walker

Finding Time to Live a HEALTHY LIFE

Last month's article talked about finding your perfect weight. Your perfect weight is what happens when you are taking optimal care of yourself and living a spiritually, emotionally and physically healthy life. But how do you find time to do that? Let's face it, everyone is super busy these days, but are we too busy to take care of our basic needs for good health? Let's look at a healthy day.

Wake up at 6 AM, brush your teeth, do 15 minutes of yoga, shower, get dressed, pray, fix a healthy breakfast/eat and drive to work. It is now 8AM. Work for 4 hours. Eat a healthy lunch, work 4 more hours, pick up groceries, and then drive home. It is now 5:30PM. Do 20 minutes of cardio, Fix dinner/spend quality time with your family/eat/do dishes. It is now 830PM. You've got an hour to do whatever you want and then at 930PM, you prepare for bed. Shower, floss, brush your teeth, pray and be asleep by 10:00PM.

You may notice there is no extensive TV bingeing/social media/video gaming time in this schedule and your day is pretty full. So wellness challenge number one is limiting your TV/social media/video gaming time to no more than one hour on work/school days and no more than 2 hours on weekends. Let one weekend day be primarily for yard work, cleaning, doing laundry, having fun and doing a vigorous 30-45 minute workout. Let the other weekend day be primarily for rest and worship/reflection/meditation. It will be difficult at first, but you will be amazed how much better you will feel with the one simple step of limiting how much time you waste on things that do not contribute to your health and well being.

We all enjoy TV/social media/gaming/etc., but if you want to be healthy, those activities need to be low on your priority list. They shouldn't interfere with praying, exercising, eating healthy or getting 6-8 hours of sleep. Technology is wonderful, but it also a major contributing factor to America's increasing weight and declining health. Don't fall victim to its alluring trap. ♣



Dr. Barbara Walker
BOARD CERTIFIED FAMILY PHYSICIAN

MCHD New Immunization Fee Schedule

The Mobile County Health Department (MCHD) and its primary care division, Family Health, will be implementing a new fee schedule associated with its immunization program starting July 1, 2016. The changes involve the Certificate of Immunization (COI) and the Religious Exemption Form.

The Alabama Department of Public Health (ADPH) requires each child enrolled in day care, Head Start, and public or private schools to have a valid COI (previously known as "blue cards") or a Religious Exemption Form on file at the facility they attend.

Patients who receive their vaccinations through Family Health will receive the up-to-date COI at no charge.

For all Religious Exemption Forms, a one-time administration fee of \$30 per patient will be charged. The process includes the viewing of an approximately 15-minute required video and counseling.

All non-Family Health patients will be charged an administration fee of \$10 per patient to receive an up-to-date COI. If vaccines are not up-to-date, parents or guardians should follow-up with their primary care provider or schedule a same day/next day appointment with Family Health.

For out-of-state individuals, the administration fee to receive an up-to-date Alabama COI will be \$30 per request.

Alabama's School Immunization Law Section 16-30-4, states all students must present a COI. School Rules Chapter 420-6-1 (1) states the COI will be on a form approved by ADPH, which is the one printed from ImmPRINT. All required vaccines must be recorded before the COI can be submitted to the schools.

To make an appointment with Family Health to complete the required vaccinations prior to the start of the 2016-17 school year, please call 251-690-8889. ♣

ADPH Applauds Efforts to Regulate All Tobacco Products

The Alabama Department of Public Health supports efforts to restrict sale of all tobacco products, including e-cigarettes, cigars, hookah tobacco and pipe tobacco, among others, and to restrict the sale of all tobacco products to minors.

"Tobacco use remains a significant public health threat and is the leading cause of preventable disease and death in Alabama," State Health Officer Dr. Tom Miller said. "We applaud efforts by the Food and Drug Administration to control these dangerous products."

Nearly 9,000 deaths in Alabama are attributed to smoking-related diseases. These deaths are due to cancer, cardiovascular disease, respiratory disease, secondhand smoke and smoking-related fires. While there has been a significant decline in the use of traditional cigarettes among youth over the past decade, their use of other tobacco products continues to increase.

A recent survey supported by the FDA and the Centers for Disease Control and Prevention shows current e-cigarette use among high school students has increased from 1.5 percent in 2011 to 16 percent in 2015 (more than 900 percent).

A special concern in Alabama is "vaping" by teenagers. This is the use of liquid tobacco in e-cigarettes. These are battery-powered devices that heat a liquid — usually containing nicotine mixed with the chemicals propylene glycol and glycerin, and often flavorings ranging from bubble gum to watermelon — into a vapor that users can inhale. They deliver nicotine, a highly addictive drug, to the body without producing any smoke.

This regulatory action is a milestone in consumer protection. Going forward, the FDA will be able to:

- Review new tobacco products not yet on the market
- Help prevent misleading claims by tobacco product manufacturers
- Evaluate the ingredients of tobacco products and how they are made
- Communicate the potential risks of tobacco products

The final rule goes into effect on August 8, 2016. ♣

Back to School Bash

Before school starts come enjoy stories, music, games and so much more! There will be prizes and school supplies giveaways too! Ages 5 to 18, Thursday, July 28, 1 – 3 p.m. at the Mobile Public Library, Toulminville Branch, 601 Stanton Rd. For more information, call 438-7075. ♣

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Mobile County Citizens Academy Returns

If you would like to know how county government works and meet the decision-makers, then the Mobile County Commission invites you to attend the 2016 class of the Mobile County Citizens Academy starting in September.

Participants will meet all the top decision-makers in the county, including elected officials and top administrators. They will learn about the lines of authority and who is accountable for what. They will get a look at the all budgeted dollars and weigh in on how to spend them. There will be special extra-curricular options that include passes to the county regional parks and a jail tour.

Participants will meet eight times over a two-month period. Most programs will be held on Thursday evenings from 6 to 8 p.m., with light refreshments. The classes will take place at various venues, as dictated by the subject matter for the evening.

The program is open to all Mobile County residents 21 years of age or older, including those living in municipalities within the county. Interested persons may apply by downloading an application from www.mobilecountyal.gov or picking one up at Government Plaza, 205 Government St., South Tower 10th floor. Class size will be limited and all applications must be postmarked by July 12. ♣

“Lunch and Learn” for Women and Minority Businesses

Mobile Area Water and Sewer System (MAWSS) and University of West Alabama (UWA) are co-hosting a free “Lunch and Learn” for women and minority owned businesses who wish to learn more about bidding on public contracts. The event takes place Thursday, July 21, from 11:30 a.m. until 1 p.m., at MAWSS Park Forest Plaza, 4725 Moffett Rd. The topic, “Bonding” will be presented by B. Campbell, President of Bayside Surety Brokerage, Inc.

To reserve a spot and lunch, please contact Felicia Patterson with MAWSS Underutilized Business Program at (251) 694-3194 or Shari Stoudemire with UWA Disadvantaged Business Enterprise (DBE) Supportive Services at (205) 652-3665. ♣

The 6th Annual Strike Out Domestic Violence Event Returns

The Mobile BayBears and Penelope House have teamed up to “Strike Out Domestic Violence” in our community.

On July 8th the Mobile BayBears will take on the Pensacola Blue Wahoos and each strike out by a BayBears pitcher will raise money for Penelope House. Local businesses and individuals can pledge \$20.00 for each BayBears strike out throughout the game or make a fixed donation. Pledges are being accepted by calling 251-342-2809 or pledging the night of the game.

The first 1,000 fans will receive rally towels compliments of Springhill Medical Center to help celebrate each strike out! Gates open at Hank Aaron Stadium at 6:00pm and game time is 7:05pm.

Penelope House provides emergency shelter and comprehensive services to victims of domestic violence and their children. In 2015, Penelope House sheltered 367 adults and 411 children; and received 2,066 crisis calls.

Please join us in one special game making a difference in our community! ♣



THINKING OUTSIDE OF THE BOX

Arthur L. Mack

FREELANCE WRITER; Mobile, Alabama

Contact Info: steppinoutnews@aol.com



What a Sad, Crazy, Mixed Up World We're Living In!

Man, I've never experienced a June such as this!

We've had the death of a beloved celebrity, mass shootings, officer-related shootings, a shooting of a beloved community leader—and as this column is being written, who knows what else may happen before the month of June is out?

With the death of Muhammad Ali, arguably the greatest boxer the world has ever known, it was bad enough that the loss of a great figure was enough to plunge everyone into a state of grief. Then came the horror of the mass shooting in Orlando at the Pulse Club, and our grief doubled.

In the aftermath of that shooting, grief gave way to rage as the debate on gun control and terrorism kicked back into full gear. Not only that, the debate on allowing transgenders into men or women's bathrooms was largely forgotten as the outlawing of assault weapons took center stage once again.

A few hours after the tragedy in Orlando, there was a tragedy here in Mobile. Nineteen year-old Michael Moore was killed by a Mobile police officer during a traffic stop. The shooting alone was bad enough, but a racial divide increased as social media was flooded with accusations from both sides. If we were not reading about police brutality and coverups, we were reading about black people being thugs.

One of the most egregious statements on social media appeared on a local television station's Facebook page. The Facebook page had a video of Moore's family arriving at Sweet Pilgrim Baptist Church, where Moore's funeral was being held. In what has to be ranked as the most ignorant question of the century, this one person posted: “Why was the family arriving at the church in a limousine?”

I was tempted to answer the question in a not so nice way, but I elected to let the poster wallow in his own ignorance. If he lives long enough and someone close to him dies, he'll find out in due time why family members ride in limousines in funeral processions.

Then, a few days later, beloved community fixture Cozy Brown was shot after preparing to leave his place of business.

If you even remotely know Cozy Brown, you are aware of the work he has done in the community over the years. When I heard about him being robbed and shot, it left me angry. Some wonder why there was not as much outrage in the community about Brown being shot as with the case of Michael Moore, but I can tell you this—there was outrage.

The point, however, is not about rehashing these tragic events. The point is that at some point—hopefully soon—that people will have to sit down and take a long look at themselves and take responsibility for their actions. At the same time, those who choose to sit on the sidelines and do nothing will have to step up to the plate and start standing up for what is right.

If we don't do this, the rest of the year is going to be a living nightmare—for everybody. ♣



FLAVA (continued from Page 06)

AMERICAN GIRL BOOK CLUB—Wednesday, July 13, 2 - 3 p.m., Ages 7 - 12 Years, West Regional Branch, 5555 Grelot Road. Explore America through the eyes of a different American Girl from the popular book series. In addition to the book discussions, there will be activities, crafts, and snacks. Lots to learn and opportunities to make new friends! This month's topic of discussion is *Lea Dives* by Lisa Yee. Registration is required. For more information or to register, please call the Children's Department at 340-8571.

EBONY MOMENTS BOOK CLUB—Thursday, July 14, 6 p.m., West Regional Branch, 5555 Grelot Rd. *Ebony Moments* is a book discussion designed to increase the awareness of African-American authors, both past and present, and to promote the love of reading for all. This month's topic of discussion is *The Blackbirds* by Eric Jerome Dickey. For more information, contact Betty Kidd at 470-7766.

SATURDAY MATINEE—Saturday, July 16, 2 p.m., Saraland Public Library, 111 Saraland Loop. *Zootopia*-In a city inhabited by anthropomorphic animals who have abandoned traditional predator/prey roles in favor of civilized coexistence, uptight rabbit police officer Judy Hopps is forced to work with charismatic fox con artist Nick Wilde to crack a major case involving the mysterious disappearance of some carnivorous citizens. The film runs 108 minutes and is rated PG. For more information, please call 675-2879.

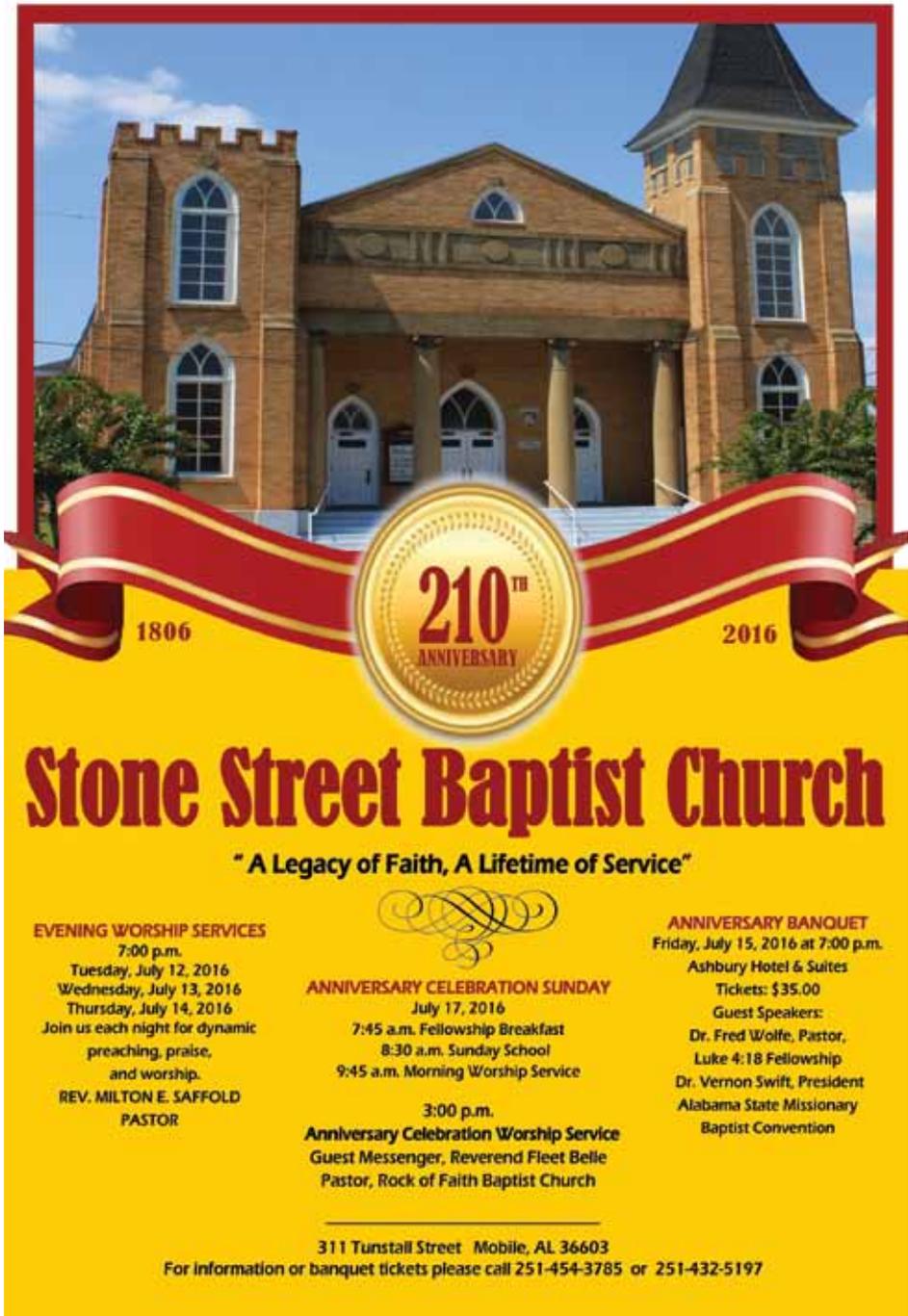
EXTRAVAGANT READERS BOOK CLUB—Saturday, July 16, 3 p.m., Toulminville Branch, 601 Stanton Rd. Topic of discussion is *Silver Linings* by Debbie Macomber. For more information, please call 438-7075.

POETRY ENTHUSIASTS—Monday, July 18, 6 - 7:45 p.m., Toulminville Branch, 601 Stanton Rd. Join members of Spoken Word of Mobile for an evening of poetry readings at the Toulminville Branch. Students and adults are encouraged to share readings of their own works or works from their favorite poets. For more information, please call 438-7075.

THE READER'S CHOICE BOOK CLUB—Tuesday, July 19, 1 p.m., West Regional Branch, 5555 Grelot Rd. Join us every third Tuesday for some lively book discussions and tips on what's hot and what's not in the world of books. This month's topic of discussion is *The Summer before the War* by Helen Simonson. For more information, please call 208-7097.

BAYSIDE BOOK CLUB—Thursday, July 21, 6 p.m., Parkway Branch, 1924-B Dauphin Island Parkway. This month's topic of discussion is *I am Malala* by Malala Yousafzai. For more information, please call Betty Fowler at 476-2600 or 208-7097.

OUT OF THIS WORLD BOOK CLUB VIA SKYPE—Saturday, July 23, 10 a.m., Moorer/Spring Hill Branch, 4 South McGregor Ave. Join us for a Sci-Fi/Fantasy book club from the comfort of your home. Meetings will be conducted entirely over Skype (continued on Page 20... see **FLAVA**)



1806 210TH ANNIVERSARY 2016

Stone Street Baptist Church

"A Legacy of Faith, A Lifetime of Service"

EVENING WORSHIP SERVICES
7:00 p.m.
Tuesday, July 12, 2016
Wednesday, July 13, 2016
Thursday, July 14, 2016
Join us each night for dynamic preaching, praise, and worship.
REV. MILTON E. SAFFOLD
PASTOR

ANNIVERSARY CELEBRATION SUNDAY
July 17, 2016
7:45 a.m. Fellowship Breakfast
8:30 a.m. Sunday School
9:45 a.m. Morning Worship Service
3:00 p.m.
Anniversary Celebration Worship Service
Guest Messenger, Reverend Fleet Belle
Pastor, Rock of Faith Baptist Church

ANNIVERSARY BANQUET
Friday, July 15, 2016 at 7:00 p.m.
Ashbury Hotel & Suites
Tickets: \$35.00
Guest Speakers:
Dr. Fred Wolfe, Pastor,
Luke 4:18 Fellowship
Dr. Vernon Swift, President
Alabama State Missionary
Baptist Convention

311 Tunstall Street Mobile, AL 36603
For information or banquet tickets please call 251-454-3785 or 251-432-5197

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CALENDAR

July 2016

MOBILE

CONCERTS

The Hip Abduction-The Merry Widow, 7/8
The Two Tens-The Blind Mule, 7/23
Ted Nugent-Soul Kitchen, 7/25
Wray, GT-The Merry Widow, 7/25
Michael Franti & Spearhead-Saenger, 7/27

MUSEUMS

—Explorem

Hands on Hall; ON-GOING

Minds on Hall; ON-GOING

Science Lab (Ciba Lab); ON-GOING

Wharf Wonder; ON-GOING

—Fort Conde

Historic Fort: Founded in 1702, Moved to

Mobile in 1711; ON-GOING

—Museum of Art

Material Imaginings, ON-GOING

—Museum of Mobile

Old Ways, New Days Part I & II, ON-GOING

Walls and Halls, ON-GOING

CSS Alabama Cannon, ON-GOING

—Phoenix Fire Museum

Steam Engines, Motorized Vehicles, Gallery;
ON-GOING

ATLANTA

CONCERTS

Joe Walsh, Bad Company-Chastain Park Amphitheatre, 7/1
Brand New Heavies-Buckhead Theater, 7/2
En Vogue-Wolf Creek Amphitheatre, 7/2
Leon Russell-City Winery, 7/7-8
The Commodores, Greg Humphreys-Southern Ground
Amphitheatre, 7/9
Junior Brown-City Winery, 7/13
Boyz II Men-Georgia World Congress, 7/13
Boyz II Men-Chastain Park Amphitheatre, 7/14
Dierks Bentley, Randy Houser, Cam, Tucker Beathard
-Lakewood Amphitheatre, 7/15
Steve Miller Band-Brown Amphitheatre, 7/15
Drivin' N' Cryin', Raelyn Nelson-Smith's Olde Bar, 7/15-16
Amel Larrieux-City Winery, 7/16
Salt-N-Pepa, Kid N Play, All-4-One, Coolio, Biz Markie,
Tone Loc, Rob Base, Young MC-Verizon Amphitheatre, 7/16
Indigo Girls-Botanical Gardens, 7/16
Kool and the Gang-Bowl @ Sugar Hill, 7/16
Pat Benatar & Neil Giraldo, Melissa Etheridge-Chastain
Park Amphitheatre, 7/16
Josh Groban, Sarah McLachlan-Chastain Park Amphitheatre, 7/17
CULTURE CLUB-Chastain Park Amphitheatre, 7/19
Gucci Mane-Fox Theater, 7/22
Snoop Dogg, Wiz Khalifa, Kevin Gates, Jhene Aiko, Casey Veggies,
DJ Drama-Lakewood Amphitheatre, 7/22
Aaron Neville-City Winery, 7/22-23
Keith Sweat-Wolf Creek Amphitheatre, 7/23
Tedeschi Trucks Band, Los Lobos, North Mississippi Allstars
-Verizon Amphitheatre, 7/23
Ted Nugent, The Raskins-Woodruff Arts Centre, 7/24
Counting Crows, Rob Thomas, K Phillips-Chastain
Park Amphitheatre, 7/25
Gwen Stefani, Eve-Verizon Amphitheatre, 7/29
Freddie Jackson-Wolf Creek Amphitheatre, 7/30
K. Michelle-Fox Theater, 7/31
Public Enemy, Ice-T, Naughty By Nature, Mobb Deep,
Grandmaster Mele Mel, Kurtis Blow, Scorpio,
Raheim, Kid Creole, EPMD, The Sugar Hill Gang
-Lakewood Amphitheatre, 7/31

ATMORE

CONCERTS

CeeLo Green-Windcreek Casino, 7/16

BILOXI

CONCERTS

Eli Young Band-IP Casino, 7/1
Toby Keith-Harrah's Gulf Coast, 7/1
Scotty McCreery-Beau Rivage, 7/8
Frankie Avalon-IP Casino, Resort and Spa, 7/15
Weird Al Yankovic-Hard Rock Live, 7/15
Steve Miller Band-Beau Rivage, 7/22
98 Degrees, O-Town, Ryan Cabrera, Dream-IP Casino,
Resort and Spa, 7/22
CULTURE CLUB-IP Casino, Resort and Spa, 7/30
Stryper, Skid Row-Hard Rock Live, 7/30

BIRMINGHAM

CONCERTS

Snoop Dogg, Wiz Khalifa, Kevin Gates, Jhene Aiko,
Casey Veggies, DJ Drama-Oak Mountain Amphitheatre, 7/23
Michael Franti & Spearhead-Avondale Brewing, 7/26
Maxwell, Ro James-BJCC Concert Hall, 7/31

STAGE PLAYS

Wicked-BJCC Concert Hall, 7/1-7/3

FAIRHOPE

CONCERTS

Jim St. James-Old 27 Grill, 7/1
Jim St. James-Windmill Market, 7/2

GULFPORT

CONCERTS

Sugarcane Jane-Murky Waters, 7/22

NEW ORLEANS

CONCERTS

Chrisette Michelle-House of Blues, 7/2
Kansas, Darcy Malone and The Tangle-Civic Theatre, 7/7
Guns N' Roses, The Cult-Superdome, 7/31
Ray LaMontagne-Saenger, 7/31

FESTIVALS

ESSENCE FESTIVAL-New Edition, Kenny "Babyface"

Edmonds, Faith Evans, Zakes Bantwini, Maxwell,
Tyrese, Daley, The Internet, V Bozeman, Digable
Planets, Eric Bellinger, Estelle, Lion Babe, Kelly Price,
Mali Music-Superdome, 7/1

ESSENCE FESTIVAL-Mariah Carey, Charlie Wilson,
Common, Jeremih, Jidenna, Judith Hill, Lady Leshurr,
Lalah Hathaway, Preservation Hall Jazz Band
-Superdome, 7/2

ESSENCE FESTIVAL-Puff Daddy & The Family, Cyril
Neville, M.C. Lyte, Robert Glasper Experiment, Andra
Day, Ciara, BJ The Chicago Kid, The Brand New Heavies,
Def Loaf, Kehlani, Leon Bridges, Little Simz, New Breed
Brass Band, Kendrick Lamar, Naughty By Nature
-Superdome, 7/3

OCEAN SPRINGS

CONCERTS

Big Al & The Heavyweights-The Shed BBQ, 7/1
Jimmy Hall, Blackwater Brass-Downtown, 7/2

ORANGE BEACH

CONCERTS

Dierks Bentley, Randy Houser, Cam, Tucker Beathard-
Wharf, 7/17

PASCAGOULA

CONCERTS

Sugarcane Jane-Jack's, 6/30

PENSACOLA

CONCERTS

Grayson Capps-Vinyl Music Hall, 7/1
Big Al & The Heavyweights-Paradise Grill, 7/2
Amy Klein And The Blue Star Band-Sluggo's, 7/9
The Robert Cray Band-Saenger, 7/9
Aesop Rock, Rob Sonic, DJ Zone, Homeboy Sandman,
DJ Sosa-Vinyl Music Hall, 7/10
B-Side Players-Vinyl Music Hall, 7/16
Beres Hammond-Vinyl Music Hall, 7/19

continued on Page. 20 see **CALENDAR**

THE REAL ENEMY — THE INNER ME

by A.D. McKinley



YOUR ROOTS

Remember To Come Back To The Middle

The middle is the basic foundation of understanding for all human beings. The middle is understanding, respect, discipline, perseverance, and love. The middle is the place of silence, meditation, and creative visualization. The middle is the place we go to collect our thoughts and reevaluate ourselves and our personal plans.

The middle is the ability to communicate and express how you feel (e.g., good, sad, mad, angry, etc.) without harming yourself or others. For example, when you are feeling as if everything is going wrong in your life and things are not moving logically or as planned, instead of getting upset, take walks and listen to music. Take ten deep inhales and exhales. Imagine an ocean with sunrays beaming on your face and smile. These types of solutions are beneficial.

Some people believe the Almighty Creator can only save us from life's disparities, but the truth of this is quoted in the Bible: "Knock and it shall be opened, ask and you shall receive." **DO YOUR PART!** We are all born with all power and that is from the Creator but we must learn to use the power of choice and will to do good or evil. The Creator has given us the power but we depend on God to do everything for us and not ourselves. Doing well and being positive is always the best choice. ♣

DelFest (continued from Page

Know What" right into "Keep Growing" was just a beautiful beginning! Ending with Bob Dylan's "Don't Think Twice" with Ronnie McCoury playing some tasty mandolin, and then a "Jam" into "Let Me Get By". The crowd would not have this as an ending so they came out for an outstanding encore ending with a stunning version of "The Letter"!

Sierra Hull, mandolin player extraordinaire, played an incredible set with her band mates Justin Moses & Ethan Jodziewicz. Sierra then proceeded to seemingly sit in with every other artist over the weekend!!! Her tasteful choices musically and her infectious smile was a great addition to every stage that she set foot on!

Keller Williams set was filled with intricate loops intermingled in an amazing way with his great guitar (and bass) playing coupled with vocals for a most interesting set!

Bruce Hornsby and the Noisemakers thrilled everyone! Bruce's talent on the piano, accordion, and the mountain dulcimers was a great add and really gave us that Appalachia feel!

For the 2nd year in a row Evan McCoury's band The Broomstix thrilled the crowd! There is not a member of that band that is not of the utmost quality and talent! Their "Funky, Rock & Soul" pleased the fans once again. I feel the need to list each and every one of these fine musicians as I am sure that you will be hearing more from them as time goes on! If you have not heard these guys (and girl) yet... you need to seek them out! I promise that you will not be disappointed: Keyboards: Conner Broome, Vocals: Briana Middleton, Guitar: Evan McCoury, Guitar: Taylor Galbreath, Bass: Luke Saunders, Drums: Andrew Wilson, Trumpet: Dominique Caster, Trombone: David Cooper, Sax: DeVante' Buford, Bari Sax: Mani Schmidt.

I am sure that I could write all day about this past weekend yet I will stop here and leave you with some photographs to lead you visually through some of the weekend! If you have never been to DelFest, next year will be the 10th anniversary and I am sure that it will prove to be one that you will not want to miss! Please visit my website www.stuardahnphotography and feel free to share this article with everyone that you know! ♣

AFTER HOURS



JOANIE STIFF-LOVE

A graduate of Birmingham-Southern College;
Currently works for the City of Mobile;
Active in Community Theater in the Mobile area;
Loves all things southern, food, and the arts.

Send article suggestions to joanie.3564@yahoo.com.

July is upon us and BOY, is it HOT!! As usual, the City, along with corporate sponsorship, will present their annual fireworks display at the USS Alabama. The Mobile Pops will start at 7 p.m. with fireworks at 9 p.m. Remember there is no parking on the Causeway or the Bayway, so leave in plenty of time to find good parking. Otherwise, it's time to find fun ways to beat the Heat and what better way than being inside the air conditioning at our local Arts and Entertainment venues.

Chickasaw Community Theater has the story of everyone's favorite candy man, Willie Wonka the weekend of July 14-17. Based on Roald Dahl's timeless story of the world-famous candy man and his quest to find an heir, the company at Chickasaw brings to life in this stage adaptation of Charlie and The Chocolate Factory, which also features the songs from the classic family film Willy Wonka And The Chocolate Factor. For more info, including tickets and times, go to www.cctshows.com.

The week of July 01-07, The Crescent will be showing the quirky Australian true story-drama, The Last Cab To Darwin. It's the tale of a lonely taxi driver named Rex, who has been informed he doesn't have long to live so he embarks on a colossal drive through the outback, from Broken Hill to Darwin, where along the way he learns that life is more fun when actually lived. Beginning July 29, see the continuing Bourne saga, with the film Jason Bourne starring Matt Damon. Other films for the month will be announced via The Crescent website and Facebook page. Film trailers, tickets, and info on these and other upcoming films can be found at www.crescenttheater.com.

Soul Kitchen starts rocking on July 09 with Muscadine Bloodline. You've got to wait 'till the last week of July before they rock again. Starting July 23, they have Salvia, July 25 Ted Nugent, and they end the month on the 28 with Jana Kramer. For more info, including ticket prices, and times, go to their website, www.soulkitchenmobile.com

Again this summer, The Saenger will be the cool location for watching Mobile's classic movies with their Summer Movie Series. July 10 is Indian Jones and the Raiders of the Lost Ark, July 17 is Grease, July 24, Mutiny On The Bounty, and the final movie on July 31 is Field of Dreams. The only concert they are hosting in July is Michael Franti and Spearhead on July 27. For more info go to www.mobilesaenger.com or www.mobilesymphony.org.

The Merry Widow, at the corner of Conti and Conception, on July 02, will have Jay Boyle's 26 Birthday!! Featuring Son of A Gun. Then, on July 08, you can enjoy The Hip Abduction. For more info on them, please friend them on Facebook, www.facebook.com/themerrywidowAL.

Both of our Mobile community theater groups are having their annual awards nights in July. Joe Jefferson Players are first with their Joey Award. Saturday, July 09 promises to be a wonderful, fun, special evening for all! Come celebrate their exciting 68th season with Lesley Roberts as our esteemed emcee. The doors open for the party at 6:00 and the show will begin at 7:00!!! The theater is located at 11 S. Carlen Street, near Murphy High School. Food will be pot luck so bring your favorite dish to share. If you're over 21, it's BYOB. Then on July 16 at 6 p.m., Mobile Theater Guild will have their annual Zoghby Awards, an evening full of fanfare and entertainment for all. Doors open at 6:30 with awards presented at 7:30. Food is pot luck and if you're over 21, it's also BYOB. On July 30, MTG is proud to present "A JAZZ HAND CABARET" a fundraiser for their 2016- 2017 Season. This spectacular event will consist of a two-act performance, a silent auction, and food and beverages. Doors open at 6:30pm, and the performance will begin at 7:30pm. The Guild seeks to enrich the Mobile community through arts and entertainment, and this is only possible with the generous support of caring community members like you!

Remember cool jazz will be playing July 19 with The Mobile Big Band performing at The Blue Gill on the Causeway. Get there early for a seat, dinner, and space to dance because the music starts at 6 pm. ♣

JUNE ²⁰¹⁶ PASSINGS

"A man who views the world the same at fifty as he did at twenty has wasted thirty years of his life."

MUHAMMAD ALI - 74 THE GREATEST • Septic Shock



HENRY CHILDS-65
NFL PLAYER
New Orleans Saints
Heart Attack



ATTRELL CORDES-46
R&B ARTIST
P.M. Dawn
Renal Disease



BILL CUNNINGHAM-87
FASHION PHOTOGRAPHER
The New York Times



RONNIE CLAIRE EDWARDS-83
ACTRESS
The Waltons • Designing Women



SAMANTHA EDWARDS-37
MISS NORTH DAKOTA USA
2003



ANN MORGAN GUILBERT-87
ACTRESS
Dick Van Dyke Show
Cancer



GORDIE HOWE-88
NHL



MARY ANN KING-82
TV HOST
Romper Room



RON LESTER-45
ACTOR
Varsity Blues
Liver and Kidney Failure



RICK MACLEISH-66
NHL
Philadelphia Flyers



WILLIS PYLE-101
ANIMATOR
Pinocchio • Bambi • Mr. Magoo



SEAN ROOKS-46
NBA



BUDDY RYAN-82
NFL COACH



THERESA SALDANA-61
ACTRESS
Renal Failure



AFENI SHAKUR-69
BUSINESSWOMAN/ACTIVIST



KIMBO SLICE-42
MMA BOXER/ACTOR
Heart Failure



RALPH STANLEY-89
MUSICIAN
Stanley Brothers
Skin Cancer



PAT SUMMITT-64
WOMEN'S COACH
Tennessee
Dementia



JANET WALDO-96
VOICE ARTIST
The Jetsons • The Flintstones



BERNIE WORRELL-72
MUSICIAN
Parliament-Funkadelic
Lung Cancer

EXPRESSIONS: RIGHT OR WRONG

Lisa Johnson

A Poet and Writer who lives in Mobile



Letting go can be difficult especially when you've established a bond with someone that you love dearly. However, letting go of other things can be equally as hard. Letting go of hurt, anger, toxic relationship, job, or harmful habits are easier said than done. Sometimes when you've been hurt or someone's made you angry, you want them to see that you're mad and to feel the pain that they've caused you. Now when you find that this method doesn't work, let it go. Holding on to anger can back fire on you. Instead of the person recognizing that they've offended you, they began to get a kick out of seeing you mad. Now you've empowered them to have control over your emotions. Granted there are times when you're going to get angry but don't let them see that they've got next to you. Walk away and leave them wondering because if you don't, you're liable to do yourself more physical harm in regards to your health by holding on to anger. Don't ever give anyone that much power over you. The same holds true if you're in a toxic relationship. No one needs to tell you that it's toxic because you already know. Remember to never allow someone to be your PRIORITY while allowing yourself to be their OPTION!!! You are worthy of respect and appreciation. ♣

FLAVA (continued from Page 18)

video chat. You can download the Skype app and set up an account for free at <http://www.skype.com/en/>. Contact Jill at (251)470-7770 or jstewart@mplonline.org to share your skype name so you can be added to the group. Once you're added all you need to do is have your device (phone, tablet, or computer) open to Skype on book club day and answer when it rings. This month's topic of discussion is Foundation by Isaac Asimov. For more information or help with Skype set up, contact Jill Stewart at 470-7770 or jstewart@mplonline.org.

CLASSICS REVISITED BOOK CLUB

Monday, July 25, 6:30 p.m. Ben May Main Library, 701 Government Street. Join us the last Monday of the month for some lively book discussions on some of our favorite classics. This month's topic of discussion is Little Women by Louisa May Alcott. For more information, please call 208-7902.

For information on these and other events, visit the web site at www.mplonline.org

PRICHARD LIBRARY NEWS

FRIDAY VIDEOS • 12:00-1:00 PM • AGES 3-13 YEARS OLD

JULY 01—**LITTLE BILL ME AND MY FAMILY**—Little Bill keeps the family smiling during a trip to Super Family Fun Land.

JULY 08—**LITTLE BILL IN BIG LITTLE BILL**— Little Bill discovers that he doesn't have to be a big kid to act like one! With the guidance of his great-grandmother, Alice the Great. Little Bill begins to do things like a big kid would.

JULY 15—**POKEMON THUNDER SHOCK!**— When Pokemon evolve, they are almost always stronger than before, and for Ash to win a Thunderbadge, Pikachu must defeat its evolved form Raichu!

JULY 22, 12:00-3:00 P.M. Summer Reading Program Finale

JULY 29—**KIDNAPPED**—A young boy is sent to sea in a ship full of notorious villains and must return alive to claim his rightful inheritance, in this adaptation of Robert Louis Stevenson's adventure tale. ♣

Saturday Rabies Clinics in July

The Mobile County Health Department provides low cost rabies shots for dogs, cats and ferrets during weekend clinics. Here's a list of the rabies clinics planned for Saturdays during July in Mobile County:

- July 9, 1:30 to 4 p.m., Pet Supplies Plus, 803 Hillcrest Road
- July 16, 12:30 to 2:30 p.m., City of Mobile Animal Shelter, 855 Owens Street
- July 23, 1:30 to 3:30 p.m., B&B Pet Stop, 5035 Cottage Hill Road
- July 30, 12:30 to 2:30 p.m., City of Mobile Animal Shelter, 855 Owens Street

The cost of rabies vaccine per pet is \$8 at Pet Supplies Plus, while it is \$10 at the City of Mobile Animal Shelter and B&B Pet Stop. All costs are payable in cash.

Each month, the Mobile County Health Department's Rabies Officer provides hundreds of residents with low-cost vaccines for their pet dogs, cats and ferrets at a variety of locations. From July 2015 through June 2016, our Rabies Officer has administered 1,921 pets with rabies vaccines. The state of Alabama tasks local Health Departments with providing affordable rabies vaccinations to pet owners.

ABOUT RABIES

Rabies is a virus that attacks the central nervous system. It is transmitted from infected mammals to man and is fatal once symptoms appear. Symptoms of rabies include unusual behavior, irritability, headache, fever, inability to eat or drink, balance problems, circling, seizures, coma, and, finally, death. All warm-blooded mammals, including humans, are susceptible to rabies.

Exposure to rabies may be minimized by eliminating all stray cats and dogs; having pet dogs, cats and ferrets vaccinated; staying away from wild animals, especially those acting abnormally; and not keeping exotic or wild animals as pets, health officials said. ♣

Stay Active: Dance!

Staying active is fun when you meet new friends and learn basic dance steps and movement by way of Wii dance games. For Boys & Girls Ages 6 and Up on Thursdays, July 7, 14, 21 & 28, 2 - 4 p.m. at the Parkway Library, 1924-B Dauphin Island Parkway. For more information, please call 470-7766. ♣

Development Skills – Me, Myself and I

Discuss the overall personal development objectives to make changes or improve certain areas of your life that you are not satisfied with. The facilitator for the workshop is Anthony McKinley, motivational speaker and author of The Real Enemy – The Inner Me. Registration is not required, but is strongly encouraged. Monday, July 11, 6 - 7:30 p.m., Armbrecht/Briskman Meeting Room at Ben May Main Library, 701 Government Street. For more details on the workshop or to register, please email jsigler@mplonline.org or call 208-7078 or 208-7085. ♣

CALENDAR (continued from Page 19)

Cedric Burnside Project-Vinyl Music Hall, 7/22

In Dying Arms, It Lies Within, Sea of Treachery, The Wise Man's Fear-The Handlebar, 7/23

Wray, GT-Vinyl Music Hall, 7/24

SPANISH FORT

CONCERTS

Willie Sugarcapps-Spanish Fort Center, 7/2

♣

MARKETING YOUR WAY TO SUCCESS

Nathaniel Patterson...MANAGING PARTNER, THE PATTERSON GROUP
Empowers people with effective marketing strategies that increase business development, awareness and enhance personal lifestyles.
To contact Patterson, call 888.599.5502 or connect with him on LinkedIn or Twitter - @journeycoach1.



Seven Effective Marketing Tactics for Small Businesses (PART II)

Last month article began the discussion of seven effective marketing tactics. We began with Pricing, Customer Service and Social Media. Remember this distinction: marketing promotes your products/services. Sales are the revenue generator. Consider using 7% to 9% of your revenue for marketing expenditures.

4. **MAINTAIN RELATIONSHIPS WITH YOUR CLIENTS/CUSTOMERS.** Most experts rank word of mouth (WOM) marketing as the most effective strategy. Social media, networking and SEO contribute to the acquisition of clients. Yet, staying in contact with present clients, thru newsletters, rewards, social media, surveys and asking for referrals can generate a lot of business. For a service based business, collecting and being knowledgeable of customer milestones (marriage, buying a home, children, anniversary, retirements) is a good touch.
5. **STRATEGIC ALLIANCES** is an alignment with companies or resource partners creating a mutually beneficial promotion. A retail clothing store maintains a listing of tailors, dry cleaners & accessory shops and they each participate in cross promotions. Join a government or trade program which promotes or provides incentives for other businesses to contract with your company. An example would be a minority certification program such as Disadvantage Business Enterprise (DBE) or Small Business Administration 8(a) program.
6. **NETWORKING.** There are many platforms to create networking opportunities. My favorite is LinkedIn. For three years my profile ranked in Top 1% in North America. It generated forty percent of my business. Yet local networking, face to face, is where most make the biggest impact: chambers of commerce, non-profit boards, group sessions.
7. **SEARCH ENGINE OPTIMIZATION (SEO).** With knowledge of current technology you can market your company locally, nationally or globally. SEO optimizes your company listing when potential customers search with keywords related to your business. Customers normally only review the first ten to twelve companies in a listing. Improve traffic by utilizing this strategy.

Additional effective strategies are inclusive of emailing, content marketing (blogs), special events staging, sponsorships, entering business contests, publicity (interviews), pro-bono work, writing and public speaking.

Small business entrepreneurship is a time management challenge. Set your priorities and measure the effectiveness. Continued success! ♣

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LEGACY 166



LAUGHTER

GOT TO BE CAREFUL!!!

Willie, the new Drivers Ed student drove through the red light at the intersection, the instructor admonished him and asked, "Why did you not stop for the red light?" Willie replied, "My brother Leroy doesn't stop." The instructor directed him to return to the school for more instruction before any more driving could take place. On the way back, Willie approached the same intersection with a green light, he immediately slammed on the brakes shocking the instructor as well as other drivers. "Why did you stop at a green light?" Willie replied, "You never know when Leroy is coming!!!"

ARE YOU A FISHERMAN???

Leroy the cop pulls a guy over for speeding. The guy tries to defend himself by saying, "I was just going with the flow of traffic. Why am I the only one you pulled over?" Leroy stops writing the ticket and asks, "Ever go fishing?" "Yeah," the guy replies, I go all the time. What has that got to do with anything? Leroy smiles and says, "Ever catch ALL the fish???"

JUST CHECKIN' YOUR MEMORY!!!

Willie Mae and Leroy have been married for 25 years. One day Leroy says to his wife, "Today is a fine day!" Next day he says it again. "Today is a fine day." Again next day, he says same thing, "Today is a fine day." Finally after a week, Willie Mae asks her husband, "Since last week, you are saying today is a fine day. I am fed up. What's the matter?" Leroy says, "Last week when we had an argument, you said, 'I will leave you one fine day.' I was just trying to remind you!!!"

HOW DO YOU WANT IT???

A big-city counterfeiter decided the best place to pass off his phony \$18 bills would be in some small, out of the way, town. So, he got into his new wheels and off he went. He came into a tiny town with a single store with a sign that said Leroy's Grocery. He entered the store and handed one of the bogus bills to Leroy who was behind the counter. "Can you change this for me, please?" asked the counterfeiter. Leroy looked at the \$18 bill a short time, then smiled and told the man, "Sure, Mister. You want 2 nines or 3 sixes???" ☺

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